

5 Steps to Win in Life!

- 1. Recognize that no one is immune to temptation.** No one is immune to temptations, but that doesn't mean they have to defeat you!
- 2. Get into the Bible daily.** Psalm 119:9-11 tells us how to stay pure. We need to guard our heart according to the Word. We can't resist temptations with will power, but we can resist them with Word power!
- 3. Watch and pray every day.** Be on the lookout. Pay attention. The enemy wants to wear you down, especially when it comes to your identity. He wants you to believe that you are a nothing, that nobody cares about you, that you don't have a purpose for your life, but that's not what God says. God says that you are so valuable, that He loves you so much that He sent Jesus to die for you so you could be a part of His family when you receive Him. He says He has a plan for your life that's bigger than you can possibly imagine.
- 4. Set boundaries to help you avoid temptations.** What are the areas that you find you are most tempted in, make sure you have boundaries set to keep you from falling prey to those temptations.
- 5. Make sure you have someone holding you accountable.** Have them ask you how you're doing with those areas where you are most tempted and then be honest with them when they ask. If you are dealing with those temptations when they are small, you can defeat them, but if you don't deal with them when they are small, those little dragons will then become big dragons and they will end up defeating you.