

P.U.S.H. B.A.C.K.

"I am beautiful! I am valuable! My beauty and my value don't change, even if someone fails to believe how incredible God made me."

Jamie Kirschner, UncommonTEEN

P. Pray about the situation and ask God what to do.

James 1:5-If you need wisdom, ask our generous God, and He will give it to you.

U. Understand who the real enemy is.

Ephesians 6:12-For we are not fighting against flesh and blood, but against the rulers, against the authorities, against the power of the dark world and against the spiritual forces of evil in the heavenly realms.

Satan is the father of lies and the author of confusion. His goal is to steal, to kill and to destroy-John 10:10.

S. Stand for what is right even when the pressure sets in. -Stand for 1 Corinthians 16:13-Be on your guard; stand firm in the faith; be courageous; be strong.

H. Hold off on your desires to repay evil

Romans 12:21-Do not be overcome by evil, but overcome evil with good.

B. Be willing to learn from your experience

Isaiah 41:10-Do not fear, for I am with you; do not be discouraged; for I am Your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

A. Accept that not everyone has the same courage as you to stand up.

Deuteronomy 31:6-Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you."

When you go first, you give your friends permission to go second.

C. Cover your mind with the Word of God daily

Psalms 119:105-our word is a lamp to my feet and a light to my path.

K.-Keep your faith in God strong to help get you through it.

Mark 11:22-Have faith in God," Jesus answered.

6 Tips on Walking Away

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1. Know that the friends that you are closest to will influence your life for the positive or the negative.

When we choose negative friends, the enemy can use them to pull us away from God so that you don't fulfill the purpose God has created you for.

1 Corinthians 15:33-Do not be misled, "Bad company corrupts good character."

2. Focus your time on building relationships that bring you closer to God.

Talk to those friends and let them know that you are choosing to walk away from a friend that is trying to pull you away from God. Let them know that you may need their help, their encouragement and their prayers.

3. Slowly have less and less communication with your negative friend.

Instead of seeking them out, start engaging in more small talk. Put a limit on the time that you spend with them.

4. Choose to see those friends through Jesus' eyes of compassion and pray for them to know God's love.

5. Pray for wisdom to do what's right and how to do it.

Pray that Romans 2:4, that God reveals His goodness to them and that His goodness draws them to a relationship with Him.

6. Pray for future friends.

Help me to choose my friends wisely. Bring me friends who love You, Lord. Who respect you and serve you. Bring me friends who refresh me and encourage me and help me to see the people who will bring me down before I become close to them. Bring me friends who will help me grow in my relationship with You.